

HEAT RELATED INJURIES: RECOGNIZE SIGNS AND SYMPTOMS AND TAKE IMMEDIATE ACTION

The OSHA Infographic below gives us clear points to implement if this happens on your jobsite. We ask you to review and take note so that you may recognize and respond properly.

First Aid for Heat Illness

The following are signs of a medical emergency!



- Abnormal thinking or behavior
- Slurred speech
- Seizures
- Loss of consciousness

1



CALL 911 IMMEDIATELY

2



COOL THE WORKER RIGHT AWAY WITH WATER OR ICE

3



STAY WITH THE WORKER UNTIL HELP ARRIVES